1. Identification

**Product identifier**
VERSAFLOW 65/AL C ADTECH

**Other means of identification**
Brand Code: 4442

**Recommended use**
For Industrial Use Only

**Recommended restrictions**
Users should be informed of the potential presence of respirable dust and respirable crystalline silica as well as their potential hazards. Appropriate training in the proper use and handling of this material should be provided as required under applicable regulations.

2. Hazard(s) identification

**Physical hazards**
Not classified.

**Health hazards**
- Carcinogenicity: Category 1A
- Specific target organ toxicity, repeated exposure: Category 2

**Environmental hazards**
Not classified.

**OSHA defined hazards**
Not classified.

**Label elements**

**Signal word**
Danger

**Hazard statement**
May cause cancer. May cause damage to organs through prolonged or repeated exposure.

**Precautionary statement**

- **Prevention**
  Obtain special instructions before use. Do not handle until all safety precautions have been read and understood. Do not breathe dust/fume/gas/mist/vapors/spray. Wear protective gloves/protective clothing/eye protection/face protection.

- **Response**
  If exposed or concerned: Get medical advice/attention.

- **Storage**
  Store in a manner to minimize airborne dust.

- **Disposal**
  Dispose of contents/container in accordance with local/regional/national/international regulations.

**Hazard(s) not otherwise classified (HNOC)**
None known.

**Supplemental information**
Users should be informed of the potential presence of respirable dust and respirable crystalline silica as well as their potential hazards. Overexposure to the respirable dust of crystalline silica (quartz or cristobalite, less than or equal to 5 microns in size) may lead to silicosis in humans, which is a progressive and irreversible lung disease. Appropriate training in the proper use and handling of this material should be provided as required under applicable regulations.

3. Composition/information on ingredients

**Mixtures**
<table>
<thead>
<tr>
<th>Chemical name</th>
<th>Common name and synonyms</th>
<th>CAS number</th>
<th>%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aluminium Oxide (Non-Fibrous)</td>
<td>1344-28-1</td>
<td>20 - 40</td>
<td></td>
</tr>
<tr>
<td>Mullite</td>
<td>1302-93-8</td>
<td>20 - 40</td>
<td></td>
</tr>
<tr>
<td>Amorphous Silica</td>
<td>SILICA, AMORPHOUS, FUMED SILICA (CRYSTALLINE FREE)</td>
<td>7631-86-9</td>
<td>2.5 - 10</td>
</tr>
<tr>
<td>Cement, Alumina, Chemicals</td>
<td>65997-16-2</td>
<td>2.5 - 10</td>
<td></td>
</tr>
<tr>
<td>Fumes, Silica</td>
<td>69012-64-2</td>
<td>2.5 - 10</td>
<td></td>
</tr>
<tr>
<td>Kyanite</td>
<td>1302-76-7</td>
<td>2.5 - 10</td>
<td></td>
</tr>
<tr>
<td>Titanium Dioxide</td>
<td>13463-67-7</td>
<td>1 - 2.5</td>
<td></td>
</tr>
<tr>
<td>Trade Secret*</td>
<td>Proprietary*</td>
<td>1 - 2.5</td>
<td></td>
</tr>
<tr>
<td>Cristobalite</td>
<td>14464-46-1</td>
<td>0.1 - 1</td>
<td></td>
</tr>
<tr>
<td>Quartz (SiO2)</td>
<td>14808-60-7</td>
<td>0.1 - 1</td>
<td></td>
</tr>
</tbody>
</table>

Other components below reportable levels

1 - 2.5

Crystalline silica may be present at low concentrations; most of this is encapsulated in the coarse aggregate or as part of the clays or sands.

### 4. First-aid measures

**Inhalation**
Move to fresh air. Call a physician if symptoms develop or persist.

**Skin contact**
Wash off with soap and water. Get medical attention if irritation develops and persists.

**Eye contact**
Rinse with water. Get medical attention if irritation develops and persists.

**Ingestion**
Prolonged exposure may cause chronic effects.

**Most important symptoms/effects, acute and delayed**
Provide general supportive measures and treat symptomatically. Keep victim under observation. Symptoms may be delayed.

**Indication of immediate medical attention and special treatment needed**
IF exposed or concerned: Get medical advice/attention. If you feel unwell, seek medical advice (show the label where possible). Ensure that medical personnel are aware of the material(s) involved, and take precautions to protect themselves.

### 5. Fire-fighting measures

**Suitable extinguishing media**
Use fire-extinguishing media appropriate for surrounding materials.

**Unsuitable extinguishing media**
Not available.

**Specific hazards arising from the chemical**
Not applicable.

**Special protective equipment and precautions for firefighters**
Not available.

### 6. Accidental release measures

**Personal precautions, protective equipment and emergency procedures**
Keep unnecessary personnel away. Keep people away from and upwind of spill/leak. Wear appropriate protective equipment and clothing during clean-up. Ensure adequate ventilation. Local authorities should be advised if significant spillages cannot be contained. For personal protection, see section 8 of the SDS.

**Methods and materials for containment and cleaning up**
Stop the flow of material, if this is without risk. Following product recovery, flush area with water. Put material in suitable, covered, labeled containers. For waste disposal, see section 13 of the SDS.

**Environmental precautions**
Avoid discharge into drains, water courses or onto the ground.

### 7. Handling and storage

**Precautions for safe handling**
Obtain special instructions before use. Do not handle until all safety precautions have been read and understood. Keep formation of airborne dusts to a minimum. Provide appropriate exhaust ventilation at places where dust is formed. Do not breathe dust. Do not breathe dust. Avoid prolonged exposure. Should be handled in closed systems, if possible. Wear appropriate personal protective equipment. Observe good industrial hygiene practices.

**Conditions for safe storage, including any incompatibilities**
Store in original tightly closed container. Store away from incompatible materials (see Section 10 of the SDS).
8. Exposure controls/personal protection

**Occupational exposure limits**

The following constituents are the only constituents of the product which have a PEL, TLV or other recommended exposure limit. At this time, the other constituents have no known exposure limits.

### US. OSHA Table Z-1 Limits for Air Contaminants (29 CFR 1910.1000)

<table>
<thead>
<tr>
<th>Components</th>
<th>Type</th>
<th>Value</th>
<th>Form</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aluminium Oxide (Non-Fibrous) (CAS 1344-28-1)</td>
<td>PEL</td>
<td>5 mg/m³</td>
<td>Respirable fraction.</td>
</tr>
<tr>
<td>Cristobalite (CAS 14464-46-1)</td>
<td>PEL</td>
<td>0.05 mg/m³</td>
<td>Total dust.</td>
</tr>
<tr>
<td>Quartz (SiO2) (CAS 14808-60-7)</td>
<td>PEL</td>
<td>0.05 mg/m³</td>
<td>Total dust.</td>
</tr>
<tr>
<td>Titanium Dioxide (CAS 13463-67-7)</td>
<td>PEL</td>
<td>15 mg/m³</td>
<td>Total dust.</td>
</tr>
<tr>
<td>TRADE SECRET</td>
<td>PEL</td>
<td>2.5 mg/m³</td>
<td></td>
</tr>
</tbody>
</table>

### US. OSHA Table Z-2 (29 CFR 1910.1000)

<table>
<thead>
<tr>
<th>Components</th>
<th>Type</th>
<th>Value</th>
<th>Form</th>
</tr>
</thead>
<tbody>
<tr>
<td>TRADE SECRET</td>
<td>TWA</td>
<td>2.5 mg/m³</td>
<td>Dust.</td>
</tr>
</tbody>
</table>

### US. OSHA Table Z-3 (29 CFR 1910.1000)

<table>
<thead>
<tr>
<th>Components</th>
<th>Type</th>
<th>Value</th>
<th>Form</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aluminium Oxide (Non-Fibrous) (CAS 1344-28-1)</td>
<td>TWA</td>
<td>5 mg/m³</td>
<td>Respirable fraction.</td>
</tr>
<tr>
<td>Amorphous Silica (CAS 7631-86-9)</td>
<td>TWA</td>
<td>0.8 mg/m³</td>
<td>Total dust.</td>
</tr>
<tr>
<td>Cristobalite (CAS 14464-46-1)</td>
<td>TWA</td>
<td>0.05 mg/m³</td>
<td>Respirable.</td>
</tr>
<tr>
<td>Fumes, Silica (CAS 69012-64-2)</td>
<td>TWA</td>
<td>1.2 mppcf</td>
<td>Respirable.</td>
</tr>
<tr>
<td>Quartz (SiO2) (CAS 14808-60-7)</td>
<td>TWA</td>
<td>0.8 mg/m³</td>
<td>Total dust.</td>
</tr>
<tr>
<td>Titanium Dioxide (CAS 13463-67-7)</td>
<td>TWA</td>
<td>2.4 mppcf</td>
<td>Respirable.</td>
</tr>
<tr>
<td>TRADE SECRET</td>
<td>TWA</td>
<td>2.4 mg/m³</td>
<td>Respirable fraction.</td>
</tr>
</tbody>
</table>

### US. ACGIH Threshold Limit Values

<table>
<thead>
<tr>
<th>Components</th>
<th>Type</th>
<th>Value</th>
<th>Form</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aluminium Oxide (Non-Fibrous) (CAS 1344-28-1)</td>
<td>TWA</td>
<td>1 mg/m³</td>
<td>Respirable fraction.</td>
</tr>
<tr>
<td>Cristobalite (CAS 14464-46-1)</td>
<td>TWA</td>
<td>0.025 mg/m³</td>
<td>Respirable fraction.</td>
</tr>
<tr>
<td>Kyanite (CAS 1302-76-7)</td>
<td>TWA</td>
<td>1 mg/m³</td>
<td>Respirable fraction.</td>
</tr>
<tr>
<td>Mullite (CAS 1302-93-8)</td>
<td>TWA</td>
<td>1 mg/m³</td>
<td>Respirable fraction.</td>
</tr>
<tr>
<td>Quartz (SiO2) (CAS 14808-60-7)</td>
<td>TWA</td>
<td>0.025 mg/m³</td>
<td>Respirable fraction.</td>
</tr>
<tr>
<td>Titanium Dioxide (CAS 13463-67-7)</td>
<td>TWA</td>
<td>10 mg/m³</td>
<td>Respirable fraction.</td>
</tr>
<tr>
<td>TRADE SECRET</td>
<td>TWA</td>
<td>2.5 mg/m³</td>
<td></td>
</tr>
</tbody>
</table>
### US. NIOSH: Pocket Guide to Chemical Hazards

#### Components

<table>
<thead>
<tr>
<th>Components</th>
<th>Type</th>
<th>Value</th>
<th>Form</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amorphous Silica (CAS 7631-86-9)</td>
<td>TWA</td>
<td>6 mg/m³</td>
<td></td>
</tr>
<tr>
<td>Fumes, Silica (CAS 69012-64-2)</td>
<td>TWA</td>
<td>6 mg/m³</td>
<td></td>
</tr>
<tr>
<td>Quartz (SiO₂) (CAS 14808-60-7)</td>
<td>TWA</td>
<td>0.05 mg/m³</td>
<td>Respirable dust.</td>
</tr>
<tr>
<td>TRADE SECRET</td>
<td>TWA</td>
<td>2.5 mg/m³</td>
<td></td>
</tr>
</tbody>
</table>

#### Biological limit values

**ACGIH Biological Exposure Indices**

<table>
<thead>
<tr>
<th>Components</th>
<th>Value</th>
<th>Determinant</th>
<th>Specimen</th>
<th>Sampling Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>TRADE SECRET</td>
<td>3 mg/l</td>
<td>Fluoride</td>
<td>Urine</td>
<td>*</td>
</tr>
<tr>
<td></td>
<td>2 mg/l</td>
<td>Fluoride</td>
<td>Urine</td>
<td>*</td>
</tr>
</tbody>
</table>

* - For sampling details, please see the source document.

#### Exposure guidelines

Occupational exposure to nuisance dust (total and respirable) and respirable crystalline silica should be monitored and controlled. Occupational exposure to nuisance dust (total and respirable) and respirable crystalline silica should be monitored and controlled.

#### Appropriate engineering controls

Good general ventilation (typically 10 air changes per hour) should be used. Ventilation rates should be matched to conditions. If applicable, use process enclosures, local exhaust ventilation, or other engineering controls to maintain airborne levels below recommended exposure limits. If exposure limits have not been established, maintain airborne levels to an acceptable level.

#### Individual protection measures, such as personal protective equipment

**Eye/face protection**

If contact is likely, safety glasses with side shields are recommended.

**Skin protection**

- **Hand protection**
  - Wear appropriate chemical resistant gloves.
- **Other**
  - Use of an impervious apron is recommended.

**Respiratory protection**

Use a NIOSH/MSHA approved respirator if there is a risk of exposure to dust/fume at levels exceeding the exposure limits.

**Thermal hazards**

Wear appropriate thermal protective clothing, when necessary.

#### General hygiene considerations

Observe any medical surveillance requirements. Always observe good personal hygiene measures, such as washing after handling the material and before eating, drinking, and/or smoking. Routinely wash work clothing and protective equipment to remove contaminants.

#### 9. Physical and chemical properties

**Appearance**

- **Physical state**: Solid.
- **Form**: Solid.
- **Color**: Not available.
- **Odor**: Not available.
- **Odor threshold**: Not available.
- **pH**: Not available.
- **Melting point/freezing point**: Not available.
- **Initial boiling point and boiling range**: Not available.
- **Flash point**: Not available.
- **Evaporation rate**: Not available.
- **Flammability (solid, gas)**: Not available.
- **Upper/lower flammability or explosive limits**
  - **Flammability limit - lower (%)**: Not available.
Flammability limit - upper (%)
Not available.

Explosive limit - lower (%)
Not available.

Explosive limit - upper (%)
Not available.

Vapor pressure
Not available.

Vapor density
Not available.

Relative density
Not available.

Solubility(ies)
Solubility (water)
Not available.

Partition coefficient (n-octanol/water)
Not available.

Auto-ignition temperature
Not available.

Decomposition temperature
Not available.

Viscosity
Not available.

Other information
Explosive properties
Not explosive.

Oxidizing properties
Not oxidizing.

10. Stability and reactivity

Reactivity
The product is stable and non-reactive under normal conditions of use, storage and transport.

Chemical stability
Material is stable under normal conditions.

Possibility of hazardous reactions
No dangerous reaction known under conditions of normal use.

Conditions to avoid
Contact with incompatible materials.

Incompatible materials

Incompatibility is based strictly upon potential theoretical reactions between chemicals and may not be specific to industrial application exposure.

Hazardous decomposition products
No hazardous decomposition products are known.

11. Toxicological information

Information on likely routes of exposure

Inhalation
Prolonged inhalation may be harmful.

Skin contact
No adverse effects due to skin contact are expected.

Eye contact
Direct contact with eyes may cause temporary irritation.

Ingestion
Expected to be a low ingestion hazard.

Symptoms related to the physical, chemical and toxicological characteristics
Direct contact with eyes may cause temporary irritation.

Information on toxicological effects

Acute toxicity
Not known.

Skin corrosion/irritation
Prolonged skin contact may cause temporary irritation.

Serious eye damage/eye irritation
Direct contact with eyes may cause temporary irritation.

Respiratory or skin sensitization

Respiratory sensitization
Not a respiratory sensitizer.

Skin sensitization
This product is not expected to cause skin sensitization.

Germ cell mutagenicity
No data available to indicate product or any components present at greater than 0.1% are mutagenic or genotoxic.
In 1997, IARC (the International Agency for Research on Cancer) concluded that crystalline silica inhaled from occupational sources can cause lung cancer in humans. However, in making the overall evaluation, IARC noted that "carcinogenicity was not detected in all industrial circumstances studied. Carcinogenicity may be dependent on inherent characteristics of the crystalline silica or on external factors affecting its biological activity or distribution of its polymorphs." (IARC Monographs on the evaluation of the carcinogenic risks of chemicals to humans, Silica, silicates dust and organic fibres, 1997, Vol. 68, IARC, Lyon, France.) In June 2003, SCOEL (the EU Scientific Committee on Occupational Exposure Limits) concluded that the main effect in humans of the inhalation of respirable crystalline silica dust is silicosis. "There is sufficient information to conclude that the relative risk of lung cancer is increased in persons with silicosis (and, apparently, not in employees without silicosis exposed to silica dust in quarries and in the ceramic industry). Therefore, preventing the onset of silicosis will also reduce the cancer risk..." (SCOEL SUM Doc 94-final, June 2003) According to the current state of the art, worker protection against silicosis can be consistently assured by respecting the existing regulatory occupational exposure limits. May cause cancer. Occupational exposure to respirable dust and respirable crystalline silica should be monitored and controlled.

### IARC Monographs. Overall Evaluation of Carcinogenicity

<table>
<thead>
<tr>
<th>Material</th>
<th>Classification</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amorphous Silica</td>
<td>Not classifiable</td>
</tr>
<tr>
<td>Cristobalite</td>
<td>Carcinogenic to humans</td>
</tr>
<tr>
<td>Fumes, Silica</td>
<td>Not classifiable</td>
</tr>
<tr>
<td>Quartz (SiO2)</td>
<td>Carcinogenic to humans</td>
</tr>
<tr>
<td>Titanium Dioxide</td>
<td>Possibly carcinogenic to humans</td>
</tr>
<tr>
<td>TRADE SECRET</td>
<td>Not classifiable</td>
</tr>
</tbody>
</table>

### US. National Toxicology Program (NTP) Report on Carcinogens

- Cristobalite (CAS 14464-46-1): Known To Be Human Carcinogen.
- Quartz (SiO2) (CAS 14808-60-7): Reasonably Anticipated to be a Human Carcinogen.

### US. OSHA Specifically Regulated Substances (29 CFR 1910.1001-1050)

Not regulated.

### Reproductive toxicity

This product is not expected to cause reproductive or developmental effects.

#### Developmental effects

- Quartz (SiO2): 0

#### Developmental effects - EU category

- Quartz (SiO2): 0

#### Embryotoxicity

- Quartz (SiO2): 0

#### Reproductivity

- Quartz (SiO2): 0

### Specific target organ toxicity - single exposure

Not classified.

### Specific target organ toxicity - repeated exposure

May cause damage to organs through prolonged or repeated exposure.

### Aspiration hazard

Not an aspiration hazard.

### Chronic effects

May cause damage to organs through prolonged or repeated exposure. Prolonged inhalation may be harmful. Prolonged exposure may cause chronic effects.

### 12. Ecological information

#### Ecotoxicity

The product is not classified as environmentally hazardous. However, this does not exclude the possibility that large or frequent spills can have a harmful or damaging effect on the environment.

#### Persistence and degradability

No data is available on the degradability of this product.

#### Bioaccumulative potential

No data available.

#### Mobility in soil

No data available.

#### Other adverse effects

No other adverse environmental effects (e.g. ozone depletion, photochemical ozone creation potential, endocrine disruption, global warming potential) are expected from this component.

### 13. Disposal considerations

#### Disposal instructions

This product, in its present state, when discarded or disposed of, is not a hazardous waste according to Federal regulations (40 CFR 261.4 (b)(4)). Under RCRA, it is the responsibility of the user of the product to determine, at the time of disposal, whether the product meets RCRA criteria for hazardous waste.
Hazardous waste code  
Since this product is used in several industries, no Waste Code can be provided by the supplier. The Waste Code should be determined in arrangement with your waste disposal partner or the responsible authority.

Waste from residues / unused products  
Not available.

Contaminated packaging  
Not available.

14. Transport information

DOT  
Not regulated as dangerous goods.

IATA  
Not regulated as dangerous goods.

IMDG  
Not regulated as dangerous goods.

Transport in bulk according to Annex II of MARPOL 73/78 and the IBC Code  
Not applicable.

15. Regulatory information

US federal regulations  
This product is a "Hazardous Chemical" as defined by the OSHA Hazard Communication Standard, 29 CFR 1910.1200. All chemical substances in this product are listed on the TSCA chemical substance inventory where required.

TSCA Section 12(b) Export Notification (40 CFR 707, Subpt. D)  
Not regulated.

CERCLA Hazardous Substance List (40 CFR 302.4)  
Not listed.

SARA 304 Emergency release notification  
Not regulated.

US. OSHA Specifically Regulated Substances (29 CFR 1910.1001-1050)  
Not regulated.

Superfund Amendments and Reauthorization Act of 1986 (SARA)  
Hazard categories  
Immediate Hazard - No
Delayed Hazard - Yes
Fire Hazard - No
Pressure Hazard - No
Reactivity Hazard - No

SARA 302 Extremely hazardous substance  
Not listed.

SARA 311/312 Hazardous chemical  
No

SARA 313 (TRI reporting)  
Chemical name | CAS number | % by wt.
--- | --- | ---
Aluminium Oxide (Non-Fibrous) | 1344-28-1 | 20 - 40

Other federal regulations

Clean Air Act (CAA) Section 112 Hazardous Air Pollutants (HAPs) List  
Not regulated.

Clean Air Act (CAA) Section 112(r) Accidental Release Prevention (40 CFR 68.130)  
Not regulated.

Safe Drinking Water Act (SDWA)  
Not regulated.

US state regulations  
WARNING: This product contains a chemical known to the State of California to cause cancer.

US - California Proposition 65 - CRT: Listed date/Carcinogenic substance  
Quartz (SiO2) (CAS 14808-60-7)  
Listed: December 15, 1988
Titanium Dioxide (CAS 13463-67-7)  
Listed: September 2, 2011

US. California. Candidate Chemicals List. Safer Consumer Products Regulations (Cal. Code Regs, tit. 22, 69502.3, subd. (a))  
Cristobalite (CAS 14464-46-1)
Quartz (SiO2) (CAS 14808-60-7)
Titanium Dioxide (CAS 13463-67-7)

International Inventories

<table>
<thead>
<tr>
<th>Country(s) or region</th>
<th>Inventory name</th>
<th>On inventory (yes/no)*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Australia</td>
<td>Australian Inventory of Chemical Substances (AICS)</td>
<td>Yes</td>
</tr>
<tr>
<td>Canada</td>
<td>Domestic Substances List (DSL)</td>
<td>Yes</td>
</tr>
<tr>
<td>Canada</td>
<td>Non-Domestic Substances List (NDSL)</td>
<td>No</td>
</tr>
<tr>
<td>China</td>
<td>Inventory of Existing Chemical Substances in China (IECSC)</td>
<td>Yes</td>
</tr>
<tr>
<td>Europe</td>
<td>European Inventory of Existing Commercial Chemical Substances (EINECS)</td>
<td>No</td>
</tr>
<tr>
<td>Europe</td>
<td>European List of Notified Chemical Substances (ELINCS)</td>
<td>No</td>
</tr>
<tr>
<td>Japan</td>
<td>Inventory of Existing and New Chemical Substances (ENCS)</td>
<td>No</td>
</tr>
<tr>
<td>Korea</td>
<td>Existing Chemicals List (ECL)</td>
<td>Yes</td>
</tr>
<tr>
<td>New Zealand</td>
<td>New Zealand Inventory</td>
<td>Yes</td>
</tr>
<tr>
<td>Philippines</td>
<td>Philippine Inventory of Chemicals and Chemical Substances (PICCS)</td>
<td>No</td>
</tr>
<tr>
<td>United States &amp; Puerto Rico</td>
<td>Toxic Substances Control Act (TSCA) Inventory</td>
<td>No</td>
</tr>
</tbody>
</table>

*A "Yes" indicates that all components of this product comply with the inventory requirements administered by the governing country(s).
A "No" indicates that one or more components of the product are not listed or exempt from listing on the inventory administered by the governing country(s).

16. Other information, including date of preparation or last revision

Issue date 05-02-2018

Version # 01

Disclaimer

The information and recommendations in this safety data sheet are, to the best of our knowledge, accurate as of the date of issue. Nothing herein shall be deemed to create any warranty, expressed or implied. It is the responsibility of the user to determine the applicability of this information and the suitability of the material or product for any particular purpose. HarbisonWalker International cannot anticipate all conditions under which this information and its product, or the products of other manufacturers in combination with its product, may be used. It is the user’s responsibility to ensure safe conditions for handling, storage and disposal of the product, and to assume liability for loss, injury, damage or expense due to improper use. This information is based on our present knowledge on creation date. However, this shall not constitute a guarantee for any specific product features and shall not establish a legally valid contractual relationship.

Revision information

Product and Company Identification: Product Codes
Composition / Information on Ingredients: Ingredients